

# Lent, Triduum & Easter

## Ash Wednesday Masses—March 1st

8:00am, 12:15pm and 6:30pm

## Stations of the Cross—Fridays, March 3 to April 7

Stations of the Cross—8:30am

Stations of the Cross—7:00pm

## Lectio Divina

*Lectio Divina* will be offered on Sundays (10:10-10:50am) beginning Feb. 7 in the chapel. *Lectio Divina* is an ancient form of meditation using Scripture. It is a wonderful way to deepen your prayer life. Please see the bulletin for more information.

## Sacrament of Reconciliation Schedule

With the focus on the Sacrament of Reconciliation, reconciling ourselves to God and to one another, this is a reminder that everyone is welcome to participate at any of the scheduled times. The Sacrament of Reconciliation will be offered with multiple priests available:

Saturday, March 25, 8:30 & 10:30am (with all parish service), 3:30pm

Wednesday, April 5, 9:00am (Blessed Trinity Catholic School)

Thursday, April 6, 10:00am

April 10, 11 & 12, 7:00-8:00pm

### Also

The Sacrament of Reconciliation will be offered in the Reconciliation Room: Saturdays: 8:30am & 3:30pm (except Holy Saturday)

Tuesdays, Wednesdays, Thursdays: 7:30am (except Holy Thursday)

## Palm Sunday—April 9

Masses--4:30pm Saturday, 9:00am & 11:00am Sunday

11:00am Mass will begin with a procession from the gym

## Holy Thursday—April 13

No Mass or morning prayer at 8:00am

7:00pm Mass of the Lord's Supper

Adoration after Mass until 11:00pm (Social Hall)

## Good Friday—April 14

No Mass or morning prayer at 8:00am

12:00pm Stations of the Cross

7:00pm Good Friday Liturgy

## Easter Vigil—April 15

No Mass or morning prayer at 8:00am

No 4:30pm Mass

Blessing of Easter Food—1:00pm

Vigil Mass of the Lord's Resurrection—8:00pm

## Easter Sunday—April 16

Masses at 9:00am & 11:00am

**Divine Mercy Sunday—April 23**  
Reconciliation & Holy Hour from 2:00-4:00pm

**Eucharistic Adoration**

All Thursdays from 8:30am to 8:30pm (except Holy Thursday)  
First Thursdays Evening Prayer at 5:45pm, Adoration until 8:30pm.  
Holy Thursday adoration will begin after 7:00pm Mass and end at 11:00pm.

**Lenten Regulations**

By the law of God and the custom of the Church all the Christian faithful are bound to do penance each in his or her own way throughout the year. The Church prescribes certain days during Lent as penitential days. On these days the Christian faithful are to devote themselves in a special way to prayer, works of piety, charity and self-denial. This self-denial is to be practiced in a specific way by observing the fasting and abstinence regulations as follows:

**Abstinence**

All who have reached their 14th birthday are to abstain from eating meat on Ash Wednesday, all Fridays during Lent and Good Friday.

**Fasting**

All those who are 18 or older, until their 59th birthday, are to fast on Ash Wednesday and Good Friday. Fasting means having only one full meal to maintain strength. Two smaller meals are permitted if necessary according to one's needs, but together should not equal another meal. Eating solid foods between meals is not permitted. This obligation does not apply to those whose health or ability to work would be seriously affected, but Catholics should not excuse themselves lightly from these prescribed minimal practices. People in doubt about fasting or abstinence should consult a parish priest or confessor.

Fasting expresses our desire to find happiness in God rather than in the satisfaction of our physical needs. The control we gain over our appetites helps us recognize more deeply that all true and lasting pleasure comes from God. Knowing this we are freed to gratefully accept food and savor it, or to avoid or limit foods that we know are unhealthy for us. Through fasting, our relationship to ourselves is reoriented toward God.

**Good Lenten Practices**

**Prayer**

Prayer changes our relationship to God. Through prayer, we admit our need for a power that is greater than ourselves. We acknowledge our limitations and let go of the drive to control everything. In the process, we open ourselves to all that God has to offer us.

**Almsgiving**

Almsgiving provides assistance to the poor among us and helps us recognize God as the true source of our security. Property and wealth exercise less control over us when we give away or share our wealth out of love for God and for others. Almsgiving is a way of bringing our relationship to others into the orbit of Christ's love. Spring cleaning is a way to help ourselves and those who could use clothes we don't need. Save them for Blessed Trinity's rummage sale or give them to St. Vincent de Paul, Salvation Army, Arc's Value Village or shelters. CRS Rice Bowl: Set a place for Jesus at your table. Money from the rice bowls will go to Catholic Relief Services and will be collected at St. Peter's on Holy Thursday.

**Church of Saint Peter**

6730 Nicollet Avenue South, Richfield, Minnesota 55423  
612-866-5089 or [www.stpetersrichfield.org](http://www.stpetersrichfield.org)